

Date Night Ideas (COVID-19-friendly)

Making time for a date-night is a great way to ‘escape’ from the stressors in daily life and connect with your partner. Which of these will you try?

| Idea | Details | Resource Links |
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| Wish you could escape to the wilderness right now? Cuddle up and make s’mores by the fire. | What you will need: <ul style="list-style-type: none">· Lawn chairs· S’mores stuff· A safe place to make a fire (or, perhaps a candle and a bit of imagination?) | Want to try a new take on an old favourite? Try out the “Campfire Cones” from this website as an alternative to regular s’mores: https://www.centercutcook.com/campfire-cones/ |
| Relax, unwind, and connect with a couples’ yoga class. | What you will need: <ul style="list-style-type: none">● Yoga mat | There are several online yoga classes being offered for free online right now, including these classes specifically geared towards couples: https://www.glo.com/preview/styles/partner-yoga |
| Take an online cooking class together. There are a variety of online classes available that you can enjoy from the comfort of your own kitchen, ranging from free, | What you will need: <ul style="list-style-type: none">● Ingredients to match the recipe you select | This article provides an overview of some of the many online cooking classes available: https://www.google.ca/amp/s/www.cnet.com/google-amp/news/great-online-cooking-classes/ |

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| pre-recorded lessons to a one-on-one session with a chef. | | |
| At the end of a hectic day, it is super easy (and tempting!) to turn on the television and zone out completely. Make a date to play a game of cards or a board game one evening instead, and enjoy the conversation (and competition) that ensues. | <p>What you will need:</p> <ul style="list-style-type: none"> • A deck of cards • A board game of your choice | <p>Want to up the ante? Make some appetizers, like the ones listed in this article:</p> <p>https://www.brit.co/easy-thanksgiving-appetizers/</p> |
| Take a dance class from your living room. | <p>What you will need:</p> <ul style="list-style-type: none"> • Nothing (except maybe a bit of energy!) | <p>This website offers several different classes that couples can take together, that are specifically geared towards date nights:</p> <p>https://showheroff.com</p> <p>This website is also offering some free online ballroom dance lessons during the pandemic:</p> <p>https://www.passion4dancing.com/?sc_ref=672712</p> |
| Go to see a play at the Stratford festival - virtually. The Stratford Festival is offering online | <p>What you will need:</p> <ul style="list-style-type: none"> • Nothing | <p>Go to the Stratfest@Home website to see the schedule of upcoming plays:</p> |

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| <p>screenings of many of their plays during the pandemic through Stratfest@Home.</p> | | <p>https://www.stratfordfestival.ca/WatchandExplore/OnDemand</p> |
| <p>Plan a future vacation to take together. Even though right now your travel plans may be halted, imagining a future destination you might visit together is a fun way to spend an evening.</p> | <p>What you will need:</p> <ul style="list-style-type: none"> • Paper and a pen (for recording ideas) | <p>Not sure where to start? Try browsing travel ideas using some of the following websites:</p> <p>https://www.atlasobscura.com/</p> <p>https://www.lonelyplanet.com/</p> |
| <p>Use google to explore a museum or visit a famous attraction. You can explore famous museums, galleries, and historic sites from around the world from the comfort of your couch.</p> | <p>What you will need:</p> <ul style="list-style-type: none"> • nothing | <p>https://artsandculture.google.com/</p> |
| <p>Relieve stress and reconnect by taking a couples massage therapy course online.</p> | <p>What you will need:</p> <ul style="list-style-type: none"> • Massage oil • Subscription to the website | <p>This website offers a variety of paid options for accessing online massage instruction, geared specifically at improving intimacy between partners:</p> <p>https://couplesmassagecourses.com</p> |